# DIADENOSINE TRIPHOSPHATE (AP3A) MEDIATES HUMAN PLATELET AGGREGATION BY LIBERATION OF ADP

Jürgen Lüthje and Adaling Ogilvie

Fahrstrasse 17, Institut für Physiologische Chemie, D-852 Erlangen GFR

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Human platelets store considerable amounts of diadenosine  $5^1, 5^{11} - P^1, P^3$ -triphosphate, which is released together with the homologue diadenosine tetraphosphate (AP<sub>4</sub>A) upon thrombin-induced aggregation (Lüthje,J. & Ogilvie,A. (1983) Biochem. Biophys. Res. Commun. 115, 253-260). We now report that, when added to platelet-rich plasma at 10-20 µM, diadenosine triphosphate gradually induces aggregation. The addition of diadenosine tetraphosphate antagonizes this effect by rapidly disaggregating the platelets. When another physiological but structurally unrelated stimulus, i.e. PAF (Platelet activating factor) is introduced into the system, diadenosine triphosphate drastically enhances and prolongs the aggregatory effect of PAF. Again, AP<sub>4</sub>A is antagonistic in this system. The mechanism of Ap<sub>3</sub>A-stimulation can be explained by the slow and continuous liberation of ADP from Ap<sub>3</sub>A by the action of a hydrolyzing enzyme which is present in human plasma. Our studies suggest that Ap<sub>3</sub>A may be physiologically important in providing a relatively longlived stimulus that can modulate platelet aggregation.

Diadenosine triphosphate (Ap $_3$ A) has very recently been identified in eukary-otic cells using a specific enzymatic and chromatographic methodology (1,2). Based on in-vitro data it has been suggested that Ap $_3$ A might play an antagonistic role toward the homologue diadenosine tetraphosphate (Ap $_4$ A) which is a potential signal molecule for the initiation of DNA replication (3-6) and might pleiotropically act as an "alarmone" (7).

Human platelets store  ${\rm Ap}_3{\rm A}$  as well as  ${\rm Ap}_4{\rm A}$  in a metabolically inactive state (2,8). Both dinucleotides are released on exposure to thrombin which induces platelet aggregation. The possible function of these dinucleotides for the process of platelet aggregation seems of high interest.  ${\rm Ap}_4{\rm A}$  has been found to act as a potent competitive inhibitor of platelet aggregation induced by ADP (9) which is probably an important physiological stimulus of aggregation (10,11). With  ${\rm Ap}_3{\rm A}$ , however, these authors were able to influence ADP-induced aggregation only marginally (9). Here we demonstrate that in platelet-rich plasma  ${\rm Ap}_3{\rm A}$  itself has aggregating potency which can be counteracted by  ${\rm Ap}_4{\rm A}$ . The molecular mechanism of aggregation induced by  ${\rm Ap}_3{\rm A}$  has been clarified in showing a slow release of ADP from  ${\rm Ap}_3{\rm A}$  when incubated in human plasma.

Abbreviations: PAF, platelet activating factor; PRP, platelet-rich plasma

## MATERIALS & METHODS

Reagents. [3H]Ap<sub>3</sub>A was from Amersham (labeling service). Ap<sub>3</sub>A, Ap<sub>3</sub>A, ADP and platelet activating factor (PAF) were from Sigma. Alkaline phosphatase (calf intestine) was from Boehringer, Mannheim.

Preparation of platelet-rich plasma (PRP) and aggregation studies. Fresh blood was collected from volunteers into acid citrate/dextrose anticoagulant and centrifuged at room temperature for 15 minutes at 120 x g to yield PRP. Aggregation of platelets was followed photometrically in a Shimadzu photometer equipped with a mechanical stirring device and with a chart recorder. Standardization of the measurement as well as testing of platelet sensitivity was performed with ADP (1 µM) as initiator of platelet aggregation (10,11).

Repurification of Ap, A and Ap, A. The dinucleotides (10 nmol) were applied onto an HPLC system  $^3$  and chromatographed as described (1). The fractions containing Ap, A (Ap, A) were pooled and desalted with a Sephadex G-10 column (60 x 2.2 cm) eluted with water. The fractions containing the nucleotides were concentrated by evaporation.

Measurement of Ap<sub>3</sub>A-hydrolysis in human plasma. [<sup>3</sup>H] Ap<sub>3</sub>A (3.5 µM; 22.7 Ci/mmol) was incubated with PRP at 37°C. Aliquots were withdrawn and pipetted into ice-cold trichloroacetic acid (10% final conc.). After centrifugation (12.000xg; 5 Min.; 4°C) the supernatants were neutralized as described (12). Two microliters were spotted together with nucleotide markers on poly(ethyleneimine)-cellulose thin layers. The plates were first developped in water and, after drying, in 0.5 M LiCl. The spots visible under ultraviolet light were marked with a pencil and cut out. The thin layer pieces were overlayed with scintillation cocktail (toluene containing 0.5% 2,5-diphenyloxazole; 0.03% 1,4-bis-(4-methyl-5-phenyl-oxazol-2-yl)benzene) and counted in a Packard liquid scintillation counter. Incubation of [<sup>3</sup>H] Ap<sub>3</sub>A with water instead of PRP was run as a control.

### RESULTS & DISCUSSION

 $Ap_3A$  induces aggregation of human platelets. To investigate the effect of diadenosine triphosphate ( $Ap_3A$ ) on human platelets, we used freshly prepared platelet-rich plasma from healthy donors for bioassay (10, 13). Addition of  $Ap_3A$  at 20  $\mu$ M induced, after a lag of several minutes, a slowly increasing aggregation of the platelets (Figure 1). In contrast, aggregation

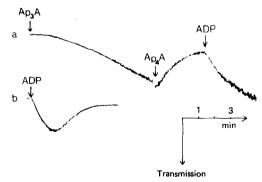


Figure 1: Aggregation of human platelets induced by Ap $_A$ A. Platelet-rich plasma (PRP) was freshly prepared from the blood of healthy donors. Aggregation of platelets was followed photometrically. a) Diadenosine triphosphate (Ap $_A$ A) was added to give a concentration of 20  $\mu$ M. Diadenosine tetraphosphate (Ap $_A$ A) was then added at 100  $\mu$ M as indicated by the second arrow. b) Aggregation induced by ADP (0.5  $\mu$ M).

induced by ADP at low concentrations (less than 2  $\mu$ M) started immediately and showed spontaneous reversion. A contamination of Ap<sub>3</sub>A with ADP as the possible stimulus was definitely excluded by chromatographing 10 nmol of Ap<sub>3</sub>A with an HPLC system, which showed no traces of ADP. To remove any other aggregating component from our Ap<sub>3</sub>A sample, we repurified the dinucleotide, and obtained identical results. Figure 1 also demonstrates that diadenosine tetraphosphate (Ap<sub>4</sub>A) had strong disaggregating potency. This result extends the finding of Harrison et al. that Ap<sub>4</sub>A can competitively inhibit ADP-induced aggregation (9). Using Ap<sub>3</sub>A up to 0.5 mM in our system, we always observed aggregating effects which could be counteracted by Ap<sub>4</sub>A. The stimulation of aggregation was maximal with Ap<sub>3</sub>A at concentrations between 10 and 30  $\mu$ M.

Ap\_3A enhances the aggregating effect of platelet activating factor (PAF). We also investigated the effect of Ap\_3A on platelet aggregation induced by the platelet activating factor, a lipid released from platelets and leucocytes which may play a regulatory role in aggregation under various conditions such as thrombosis, inflammation, etc. (14-16). PAF added at 3.8 x 10^8 M caused immediate aggregation followed by spontaneous reversion after several minutes (Figure 2). When added at 5  $\mu$ M before PAF, Ap\_3A caused a dramatic enhancement of platelet aggregation whereas the homologue Ap\_4A at the same concentration showed no effect. Furthermore, Ap\_3A inhibited the spontaneous disaggregation observed with PAF alone (Figure 2). Ap\_4A, when added later at high concentration (50  $\mu$ M), rapidly dissociated the platelets.

Fig. 2 also demonstrates that ADP again overrode the disaggregating effect of  $Ap_{L}A$ . This is consistent with a competitive mechanism for  $Ap_{L}A$ -inhibition of

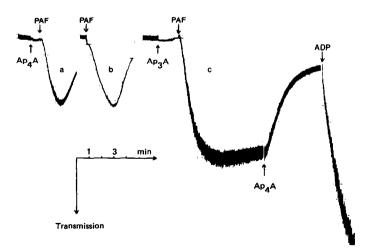


Figure 2: Effects of Ap<sub>3</sub>A and Ap<sub>4</sub>A on platelet aggregation induced by platelet activating factor (PAF; 3.8x10<sup>-8</sup>M). a) Ap<sub>4</sub>A (5 μM) was added before PAF. b) Aggregation by PAF alone. c) Effect of Ap<sub>3</sub>A (5 μM) added before PAF. Ap<sub>4</sub>A was then added at a conc. of 50 μM. Lastly, ADP<sup>3</sup> was pipetted at a conc. of 50 μM.

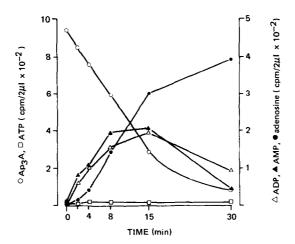


Figure 3: Liberation of ADP from Ap<sub>3</sub>A in human plasma.  $[^3H]$ Ap<sub>3</sub>A (3.5  $\mu$ M; 22.7 Ci/mmol) was incubated with PRP at  $^3$  37 °C. Aliquots were withdrawn and treated as described under MATERIALS & METHODS.

ADP-induced aggregation (9). Our experiments clearly show that the dinucleotides have an antagonistic influence on platelet aggregation. Moreover, both effects proved to be completely reversible.

Ap<sub>3</sub>A liberates ADP in human plasma. The time course of aggregation induced by Ap<sub>3</sub>A suggested the possibility that the slow generation of a stimulatory molecule, namely ADP, might be responsible for the growing of platelet complexes. To confirm this, tritium-labelled  ${\rm Ap_3A}$  was incubated in PRP (Fig. 3). The slow degradation of  ${\rm Ap}_3{\rm A}$  was reflected in the simultaneous formation of ADP and AMP, which were then further degraded to adenosine. Incubation of  $[^{5}H]$ Ap<sub>3</sub>A with platelet-poor plasma (obtained after 12,000 x g centrifugation of PRP) yielded identical results, suggesting that the enzyme activities are in the plasma and are not associated with the platelets. It is not yet known whether the diadenosine triphosphatase activity in the plasma is an unspecific phosphodiesterase, or whether it is a specific enzyme. Specific hydrolases have been described for  $Ap_2A$  (17,18) as well as for  $Ap_1A$  (18-20). Our experiments prove that in platelet-rich plasma Ap<sub>3</sub>A slowly liberates ADP, which is a potent aggregation stimulus. Assuming a rate of hydrolysis of  $Ap_3A$  of less than 5% per minute (Fig. 3),  $Ap_3A$  should continuously generate sufficient ADP to mediate the slow aggregation shown in Fig. 1. These considerations prompted us to simulate the time course of aggregation by adding ADP in constant portions every minute. These experiments yielded aggregation curves that were very similar to those obtained from a single application of  $Ap_2A$  (Fig. 4).

Alkaline phosphatase prevents aggregation mediated by  $Ap_3A$ . Additional proof that ADP released from  $Ap_3A$  is responsible for aggregation was obtained from experiments involving the use of alkaline phosphatase at a concentration that

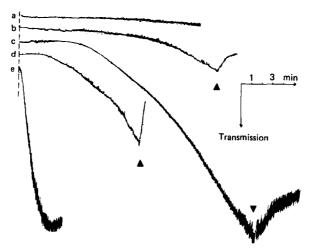


Figure 4: Aggregation induced by repeated additions of small amounts of ADP or by a single application of Ap<sub>3</sub>A. Aggregating nucleotides were added to 1 ml of PRP at the time marked by the dashed line. a) PRP without any additions. b) Repeated additions of ADP. At the time indicated by the dashed line 1 µl of ADP was first pipetted to give a concentration of 0.01 µM. This addition was repeated every minute. c) Single addition of Ap<sub>3</sub>A to give a final conc. of 10 µM. d) Repeated additions of ADP as in exp.b but with ten-fold higher amounts of ADP (0.1 µM). e) Control aggregation after a single addition of ADP (1 µM). The triangles indicate the addition of Ap<sub>4</sub>A (0.1 mM).

immediately destroyed ADP liberated from  $Ap_3A$  (Fig. 5).  $Ap_3A$  itself is resistant to the enzyme. Heat-denatured phosphatase did not prevent aggregation induced by  $Ap_3A$ . The results support the conclusion that  $Ap_3A$  itself does not act as the stimulatory agent, but as a source of an aggregating product that is phosphatase-sensitive, such as ADP.

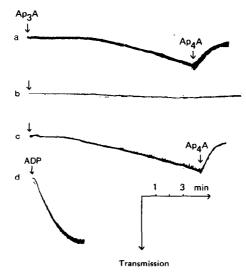


Figure 5: Effect of alkaline phosphatase (5  $\mu$ g/ml) on platelet aggregation induced by Ap<sub>3</sub>A. a) Aggregation induced by Ap<sub>3</sub>A (10  $\mu$ M). b) Alkaline phosphatase was added shortly before Ap<sub>3</sub>A. c) Heat-denatured alkaline phosphatase was added before Ap<sub>3</sub>A. d) Control aggregation induced by ADP (1  $\mu$ M). In exp. a and c , Ap<sub>4</sub>A was added at 0.1 mM.

The aggregatory potency of Ap<sub>3</sub>A in PRP from a variety of human donors was also measured, When the same concentration of Ap<sub>2</sub>A was applied, we observed quantitative differences, as can be seen by comparing corresponding traces in Figs. 4 and 5. These differences were, however, always reflected in a different sensitivity of the platelets towards ADP, which can also be seen in Figs. 4 and 5. The reasons for such varying "intrinsic" sensitivities of the platelets are not yet known (13).

In conclusion, the unusual dinucleotides  ${\sf Ap_3A}$  and  ${\sf Ap_4A}$ , both of which are stored in human platelets and are released during activation, can elicit antagonistic effects on the process of aggregation. Ap<sub>3</sub>A mediates aggregation by liberating ADP, which in turn depends on an enzymatic activity in the plasma.  $Ap_LA$  has disaggregating properties. Our results provide evidence for possible extracellular functions of diadenosine polyphosphates which have mainly been considered to act as intracellular signal nucleotides (7). Further work should be done to confirm that these in-vitro effects also operate in-vivo to modulate platelet function.

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